

THE CENTER FOR CONTEMPORARY DANCE *ArtsFest* 2008 CLASS SCHEDULE

ArtsFest 2008: Thursday, February 7th – Sunday, February 17th

THE CENTER's *ArtsFest* FREE class offerings are highlighted in yellow.

THE CENTER's Spring Semester 2008 Class Schedule will resume on Monday, February 18, 2008

All classes designed for ages 9 and up, unless otherwise noted.

| SUNDAY FEB. 10 & 17 | MONDAY FEB. 11 | | TUESDAY FEB. 12 | | WEDNESDAY FEB. 13 | | THURSDAY FEB. 7 & 14 | | FRIDAY FEB. 8 & 15 | | SATURDAY FEB. 9 & 16 | |
|--|--|---|---|---|---|---|---|--|---|---|--|--|
| Studio B | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B | Studio A | Studio B |
| | | 9:30am Dance Fitness [60] Appropriate for Older Adults | | | | 9:30am Dance Fitness [60] Appropriate for Older Adults | | | | 9:30am Dance Fitness [60] Appropriate for Older Adults | The Creative Movement Academy 9:30am Move It, Baby! [45] Ages 2-3 Start date TBA | |
| | 10:30am Somatic Release [60] Appropriate for Older Adults | | 10-11am Company Rehearsal | 10-11am Company Rehearsal | 10:30am Somatic Release [60] Appropriate for Older Adults | | The Creative Movement Academy 10:30am Move It, Baby! [45] Ages 2-3 Start date TBA | | 10:30am Somatic Release [60] Appropriate for Older Adults | | | 10am Jazz [50] (Volanté) |
| | | | 11am-Noon Company Rehearsal | 11am-Noon Company Rehearsal | | | | | | | 11:30am Dance Basics [60] (Dario) | 11am Modern [50] (Volanté) |
| 12:30-2pm All inclusive birthday parties with a dance theme! Ages 2-9 | The Creative Movement Academy 4pm Creative Movement I [60] Ages 4-5 Start date TBA | | 1-5pm Company Rehearsal | 1-5pm Company Rehearsal | | | The Creative Movement Academy 4pm Creative Movement [60] Ages 2-8 | | The Creative Movement Academy 4pm Creative Movement I [60] Ages 4-5 Start date TBA | | 12:30-2:30pm Artist Enrichment w/Technique for Pre-Pro II through IV | 12:30-2:30pm Deliverance for Pre-Pro and Pre Pro I |
| February 10: 2-4pm Free Film Presentation "Dancing in the Light" | The Creative Movement Academy 5pm Creative Movement [60] Ages 4-9 | | | | | | The Creative Movement Academy 5pm Creative Movement [60] Ages 4-9 | | The Creative Movement Academy 5pm Creative Movement II [60] Ages 6-9 Start date TBA | | | 2:30-3pm Production for All Pre-Pros |
| February 17: 3-6pm Open Rehearsal | 6:30pm Ballet with Terminology [60] (Jeré) | 6:30pm Contemp./ Lyrical II [75] (Dario) | 6:30pm Jazz I [50] (Volanté) | 6:30pm Modern II [60] (Linda) Ages 16 & up | | 6:30pm Contemp./ Lyrical I [60] (Dario) | 6:30pm Ballet I [50] (Jeré) | 6pm Jazz [50] (Dario) | | 6:30-8:30pm Company Class for All Pre-Pros | February 16: 3-6pm Open Rehearsal | February 16: 3-6pm Open Rehearsal |
| | 7:30pm Ballroom [60] (Jeré) Ages 16 & up | | 7:30pm Modern I [50] (Volanté) | | <i>Art a la Carte</i> 7-9pm Visual Arts Workshop Series ↓ ↓ ↓ ↓ | 7:30pm Afro- Caribbean [50] (Dario) | 7:30pm Pointe [30] (Jeré) Ages 12 & up | 7pm Modern [50] (Dario) | 7pm Adult Dance [60] (Volanté) Ages 18 & up | 7pm Technique [60] | | 7pm Ballroom [60] Couples Only Ages 16 & up Start date TBA |
| | | 8-9:30pm Ballet for Pre-Pros | | 8pm Adult Ballet [60] (Jeré) Ages 16 & up | | 8:30pm Adult Ballet [60] (Dario) Ages 16 & up | 8-9pm Company Class – U-Turn Dance ONLY | 8-9pm Company Class – UTD ² ONLY | 8pm Ballroom [60] Couples Only Ages 16 & up Start date TBA | | | |

Classes shaded in dark gray are closed to the public and available only to our professional performance ensembles and students in the Pre-Professional Program. For information about THE CENTER's audition-based **Pre-Professional Program**, please see a CENTER Advisor or visit us online at www.TheCenterForDance.org.

The Creative Movement Academy is a specialty program where students ages 2 – 9 gain skills in coordination, rhythm, creative expression and critical thinking that provide the foundation for confident dancers-to-be.

Birthday Parties for children ages 2 – 9. For pricing and reservations, please call THE CENTER at 407-695-8366 or email Kim@TheCenterForDance.org.

Art a la Carte is a Visual Arts Workshop Series. For information and tuition rates, please see a CENTER Advisor or visit us online at www.TheCenterForDance.org

GENERAL DANCE STUDIES PROGRAM

All classes designed for ages 9 and up, unless otherwise noted.

All classes at THE CENTER FOR CONTEMPORARY DANCE are conducted in accordance with the *National Standards for Dance Education*, used by higher universities throughout the nation, and provide the student with a comprehensive approach to the dance arts.

Dance Fitness – All levels welcome – Appropriate for older adults. An all-level dance-cardio workout.

Somatic Release – All levels welcome – Appropriate for older adults. A gentle, non-intrusive class incorporating movement/stretching techniques designed to achieve the body's fullest range of motion.

Contemporary/Lyrical I – Intermediate. Offering students a heightened movement experience with an emphasis on technical development through an organic exploration of the body in space.

Contemporary/Lyrical II – Advanced. Designed for experienced dancers, this class advances technical skill by emphasizing musicality, creativity and performance-quality artistry.

Ballet with Terminology– Beginner. Students will learn ballet vocabulary through *barre*, center work, adagio and allegro while building strength, flexibility and creative expression.

Ballet I – Intermediate. An expansion of Ballet, which includes more complicated combinations and variations with a strong emphasis on understanding, developing and executing classic ballet lines.

Pointe – Ages 12 & up – Beginner to Intermediate. Concentration on supple working of the feet in pointe shoes and strengthening of the ankles. (Assessment required.)

Adult Ballet – Ages 16 & up – Beginner to Intermediate. A safe and encouraging class for non-dancers and returning dancers. Students connect with their bodies improving flexibility, strength, posture, balance and endurance.

Jazz I – Beginner to Intermediate. Coordination, flexibility, body alignment, musicality, endurance and control are developed through a variety of jazz styles.

Modern I – Beginner to Intermediate. Artistic expression and basic modern technique, including coordination, flexibility and rhythm, are developed.

Modern II – Ages 16 & up – Intermediate to Advanced. A Graham-based expansion of Modern I designed to strengthen technical skill, increase technical proficiency and provide an opportunity for creative work.

Afro-Caribbean – All levels welcome. Derived from ancestral, folkloric and contemporary themes, this exuberant high-impact class explores the Afro-Caribbean dance culture.

Adult Dance – Ages 18 & up – For adult dancers of all levels. A fun, loose class designed for adults that incorporates jazz, contemporary/lyrical and modern styles of dance.

Dance Basics – Ages 16 & up – For adults new to dance. A rewarding class where adults receive encouraging instruction in the fundamentals of dance, including proper body alignment, balance, technique and terminology.

Ballroom – Ages 16 & up; Couples only – Beginner to Intermediate. This class teaches partnering and technique in traditional ballroom dances, including waltz, foxtrot, cha-cha, rumba, samba, bolero, tango, hustle and swing.